



The Catholic Church of St Osmund, Barnes

Parish Priest: Fr Oladele Craig

Parish Secretary: Cath Brizzell. Tel:020 8748 5833 or barnes@rcaos.org.uk

Office Hours: 10:00am - 2:00pm Tues, Wed, & Fri.

79 Castelnau, Barnes, London SW13 9RT

Website: <https://stosmunds.parishportal.net/>

Mass Times

Sundays: 8.30am, 10.30am, 6.30pm

Weekdays: 10am Mon, Tues, Wed, Fri,
Thurs (6.30pm), Sat (**Latin**) 10am

Confessions: Friday 9-9.50am, Sunday 9:45am –
10:15am & 6pm - 6:20pm

Adoration of the Blessed Sacrament: Fri 9-10am

Baptisms and Weddings: Contact the Parish Office.

Sunday Newsletter Mass Book p136 Sunday 15 February 2026

Sun 15 th Feb	8.30am Mass 10.30am Mass 6.30pm Mass	Georgina Chevallier and Jozef Langiewicz RIP Flavio Esposa and family intentions Ursula O'Connell RIP	(g) Sixth Sunday (A)
Mon 16 th Feb	10.00am Mass	Anna Moris RIP	(g) Feria
Tues 17 th Feb	10.00am Mass	Pro-populo	(w) The Founders of the Servite Order
Wed 18th Feb	10.00am Mass 6.30pm Mass	Rev M Laurenson RIP Holy Souls	(p) Ash Wednesday - Day of fasting and abstinence
Thur 19 th Feb	12.00pm 6.30pm Mass	Funeral service for Bridgette Jabour RIP Janet Keliher RIP	(p) Feria
Fri 20 th Feb	10.00am Mass	Vincent Herbert Egan and family RIP	(p) Feria
Sat 21 st Feb	10.00am Mass	Holy Souls	(p) Feria
Sun 22 nd Feb	8.30am Mass 10.30am Mass 6.30pm Mass	Ted and Brigid McCormack RIP Susie Keen RIP Nora Donovan RIP	(p) First Sunday of Lent

Preparing the Ground

This Sunday stands as something of a threshold. In a few days, Ash Wednesday will mark the opening of the holy season of Lent, and the Church invites us now to begin turning our hearts towards what lies ahead. Lent is not an incidental feature of the Christian calendar; it is one of the most ancient and purposeful gifts the Church offers her children. For every disciple who takes their friendship with the Lord seriously, it is a season of deliberate, loving attention - a time to create space, quite literally, so that God may fill what we empty with the abundance of his grace.

The traditional Lenten disciplines of prayer, fasting, and almsgiving are not exercises in spiritual self-congratulation. Whatever we take on, whatever we surrender, must be directed beyond ourselves. Giving up certain comforts or luxuries - those things to which we cling perhaps more tightly than we realise - is a way of

loosening the grip of excess baggage. It frees us, even if only a little, to travel more lightly towards the Lord. But let it be deliberate. Let it be specific. And above all, let it be achievable and sustainable for the whole of the season. A grand resolution abandoned by the second week serves no one.

We might also look beyond what we give up and consider what we take on. A father who resolves to arrive home earlier, to be more present to his wife and children, fulfils not only the spirit of penance but enriches himself with the warmth of those he loves most. Perhaps we might commit to a more consistent practice of personal prayer or meditation. Perhaps we might make the effort simply to smile at the homeless and offer whatever small gift we can, for the love of God. Whatever we choose, let us enjoy it. Lent is not meant to be grim. Only be sure to do something, however modest.

In this Sunday's Gospel, Our Lord does not abolish the Law but deepens it, pressing beyond mere external observance into the interior landscape of the heart. It is not enough to refrain from murder; we must attend to the anger that festers within. It is not enough to avoid the act of adultery; we must guard the wandering of our desires. Christ calls us to an integrity where the inner life and the outward action are one - where our "yes" truly means yes. This is precisely the work that Lent sets before us: not a performance of piety, but an honest reckoning with what lies beneath the surface, so that God, who sees in secret, may renew us from within.

Do something this Lent. Begin with joy, and let God do the rest.

Parish Diary:

First Holy Communion: No session this weekend.

Confirmation: No session this weekend.

Catholicism for the Curious: No session this Monday. Continues on 23 Feb, 6:30pm (Hall).

Mothers' Prayers Group: Next meeting after half term (Tues 24 Feb, 1030am)

This Sunday's Collection - Clergy Support Fund

Supporting priests in their retirement is one way to show your appreciation for all they have one for parishes. Find out how to donate to the Clergy Support Fund at (www.rcaos.org.uk/donate/CSF) or scan QR code or by using the Clergy Support Fund envelopes available today at the back of Church.



Ash Wednesday – 18 February

Wednesday, 18 February, marks the beginning of Lent with the observance of Ash Wednesday. It is a day of fasting and abstinence in the Catholic tradition and sets the tone for the forty days leading to Easter. During the Masses, ashes will be blessed and placed on our foreheads, a long-standing sign of repentance and of our shared desire for spiritual renewal. At St Osmund's, Mass will be celebrated at 10.00 am and 6.30 pm. Parishioners are invited to attend at either time as they are able.

Rite of Election – 21 February

On Saturday, 21 February, adults from across the Archdiocese who are preparing for Baptism or Reception into Full Communion with the Catholic Church will gather with the Archbishop at St George's Cathedral for the Rite of Election. This important liturgical step marks their formal enrolment among those chosen to receive the Sacraments at Easter. Two members of our own parish will take part in this celebration. Please keep them, and all the Elect and Candidates of the Archdiocese, in your prayers as they enter this more intense and grace-filled period of preparation.

Parish Book Club – Launch Meeting

The Parish Book Club now has a coordinator, supported by a couple of parishioners who have offered to assist. We are therefore ready to begin. The inaugural meeting will be held in the Members' Room at Olympic Studios on Wed 25 Feb at 7pm, where we shall introduce the first book and outline the format of future gatherings. Those who wish to take part please scan the code below. It is essential that you RSVP for the first meeting.



Prayer in Lent

To support your prayer during Lent, copies of the "Walk With Me" booklet and Lenten Calendars are available in the Narthex while stocks last. The booklet offers daily reflections and meditations throughout the season, and the calendar provides a simple way to keep Lent at the heart of family life. A small donation via the contactless machines would be appreciated to help cover costs.

CAFOD Fast Day – 27 February

The penitential season of Lent invites us to renew the three traditional practices of fasting, prayer and almsgiving. One concrete way to live this call is through the annual CAFOD Fast Day on Friday, 27 February. CAFOD is the official Catholic agency of the Bishops' Conference of England and Wales, working to alleviate poverty and respond to humanitarian crises around the world. Envelopes are available in the Narthex for those who wish to offer the value of what they give up in fasting to support those most in need. Posters and donation envelopes may be found at the back of the church.

Sick List

For the sick and the suffering especially James and Audrey Smith, Phyllis O'Kelly, John Scott, Janet Waddington, Andrew Brodrick-Ward, Joan Moore, Maureen Carr, and Charles Stiller.

In Remembrance

For those who have died recently especially Nicolas Robertson, and those whose anniversaries occur around this time: Mary Battams, Susan Keane, Ellen Danby, Nova Mallalieu, Mona Bruce, Rose Couch, John Codrington, Terence O'Neill, Desmond Osbourne and Michael Donovan.

Ave Regina Caelorum

*Ave, Regina Caelorum,
Ave, Domina Angelorum:
Salve, radix, salve, porta
Ex qua mundo lux est orta:
Gaude, Virgo gloriosa,
Super omnes speciosa,
Vale, o valde decora,
Et pro nobis Christum exora*

QR code for DONA portal donations St Osmunds

Please use the QR code below to make a contactless donation to the parish.



You can also set-up a one-off donation or stipend online directly from your bank. Use the following details and include your surname and type of donation in the reference field. (ie Surname/Mass Intention, Surname/FHC, Surname/General Donation)

Name of Bank: Natwest
Sort Code: 600139
Account #: 11311096
Account Name - Barnes St Osmund Main Account